The St. Louis City Senior Fund was created by a voter supported ballot initiative in November 2016 to serve residents living in the City of St. Louis who are 60 years of age or older. Our vision is for the City of St. Louis to be an aging-friendly city where older residents can age in place. We support this vision by providing grants to local organizations that help older adults age in the home and community that best serves their needs and interests.

In 2019, the St. Louis City Senior Fund issued grants to 24 organizations. Seventeen organizations received grant renewals for a second year of funding focused on fall prevention or economic security programs. Ten organizations received their first year of funding focused on social isolation or homemaker chore services.

Programs listed in this document are supported in part by the Senior Fund. Many organizations listed have additional programs for older adults; contact them or visit their websites for information.

**Fall Prevention Grants**
For many people, an unexpected fall can result in a serious and costly injury. These grants aim to reduce fall risk and prevent falls by supporting home environment assessments, home modifications and repairs, medication reviews, and exercise and education programs. Our goal is to help older adults live safely in their home and community.

- **Jewish Family & Children’s Service**
  - Fall Risk Assessment and Case Management
  - **Phone:** (314) 812-9300
  - **Website:** jfcs-stl.org
  - **Geographic Service Area:** City Wide

- **St. Andrew’s Senior Solutions**
  - Fall Risk Assessment and Case Management
  - Minor Home Repair or Modifications
  - Medication Review and Management
  - **Phone:** (314) 726-5766
  - **Website:** standrewsseniorsolutions.com
  - **Geographic Service Area:** City Wide

- **Mission St. Louis**
  - Minor Home Repair or Modifications
  - **Phone:** (314) 771-5000
  - **Website:** missionstl.org/mhrp
  - **Geographic Service Area:** City Wide

- **Rebuilding Together**
  - Minor to Moderate Home Repair or Modifications
  - **Phone:** (314) 918-9918
  - **Website:** rebuildingtogether-stl.org
  - **Geographic Service Area:** City Wide

*Last revised: October 2019*
Oasis

- Exercise and Education Classes

**Phone:** (314) 862-4859, ext. 24  
**Website:** Oasisnet.org/St-Louis-MO

**Geographic Service Area:**  
Locations throughout the City

City Seniors

- Exercise and Education Classes

**Classes are held at 4705 Ridgewood Ave, in the Bevo Mill neighborhood, Ward 14.**

**Phone:** (314) 352-0141  
**Website:** stlouiscityseniors.com

**Geographic Service Area:**  
63109, 63110, 63111, 63116, 63118, 63139

Paraquad

- Exercise Classes  
- Wellness Center Memberships

**The Center is located at 5200 Berthold Ave in the Kings Oak neighborhood, Ward 17.**

**Phone:** (314) 289-4202  
**Website:** paraquad.org

**Geographic Service Area:**  
Open to residents throughout the City

Society for the Blind and Visually Impaired

- Fall Risk Assessment and Vision Screenings  
- Environmental Modifications  
- Vision Equipment Assistance

**Phone:** (314) 968-9000  
**Website:** slsbvi.org

**Geographic Service Area:** City Wide

Northside Youth and Senior Services

- Medication Review and Management

**Northside’s center is located at 4120 Maffitt Ave in The Ville neighborhood, Ward 4.**

**Phone:** (314) 531-4161  
**Website:** nsyssc.com

**Geographic Service Area:**  
63103, 63106, 63107, 63113, 63115, 63118

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Economic Security Grants
These grants aim to increase monthly income for older adults by connecting them to federal, state, local, and private benefits they may not be aware of or reducing monthly expenses by providing resources such as home weatherization and utility assistance, as well as assistance with moving to more affordable housing. Our goal is to help older adults receive resources that help meet their basic needs, at a minimum, as defined by tools such as the Elder Economic Security Standard Index.¹

Deaconess Nurse Ministry
- National Council on Aging’s Benefits Check-up

Phone: (314) 395-4655
Website: faithnurses.org

Geographic Service Area:
Locations throughout the City

Lutheran Senior Services
- National Council on Aging’s Benefits Check-up

Phone: (314) 446-2475
Website: lssliving.org/aging-answers

Geographic Service Area: City Wide

St. Louis Area Agency on Aging
- National Council on Aging’s Benefits Check-up

Phone: (314) 612-5918
Website: stlouis-mo.gov

Geographic Service Area:
Locations throughout the City

HOPE
- Assistance with Moving to Subsidized Apartments

Phone: (314) 776-0155
Website: hopeforseniorsstl.org

Geographic Service Area: City Wide

LifeWise STL (formerly Kingdom House)
- One-on-one Financial Coaching
- Education Classes

Classes provided at 1025 Park Ave in the Lafayette Square neighborhood, Ward 7.

Phone: (314) 627-1242
Website: lifewisestl.org

Geographic Service Area:
63104, 63110, 63111, 63116, 63118; Open to residents throughout the City

Cardinal Ritter Senior Services
- Home Weatherization
- Heating and Cooling Supplies
- Utility Assistance

Phone: (314) 918-2258
Website: cardinalritterseniorservices.org

Geographic Service Area: City Wide


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Missouri Energy Care
- Home Weatherization
- Heating and Cooling Supplies
- Utility Assistance

Phone: (314) 773-5900
Email: ecservices@energycare.org.

Geographic Service Area: City Wide

Heat Up St. Louis
- Utility Assistance

Phone: (314) 241-7668
Website: heatupstlouis.org

Geographic Service Area: City Wide

Social Isolation Grants
Isolation is more than being alone. It’s the result of feeling detached physically or psychologically, or being disconnected from support groups of family, friends and community which can lead to significantly poor health and wellbeing. These grants aim to prevent and reduce social isolation for individuals who have higher risks due to changes in physical or mental health, caregiving demands, mobility challenges, major life events such as loss or retirement, and other factors. Our goal is to help older adults maintain social connections and have access to resources that meet their needs and interests.

LifeWise STL (formerly Kingdom House)
- Senior Companion Program
- Senior Corps Volunteers

Phone: (314) 627-1242
Website: lifewisestl.org

Geographic Service Area:
63104, 63110, 63111, 63116, 63118;
Open to residents throughout the City

Association on Aging with Developmental Disabilities
- Group-based Programs & Individual Coaching

Phone: (314) 647-8100
Website: agingwithdd.org

Geographic Service Area:
Locations throughout the City

Center for Hearing and Speech
- Mobile Hearing Screenings
- Hearing Aid Assistance

Phone: (314) 968-4710
Website: chsstl.org

Geographic Service Area: City Wide

CHIPS Health and Wellness Center
- Group-based Programs

Phone: (314) 652-9231
Website: chipsstl.org

Geographic Service Area:
Locations throughout the City

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Bilingual Institute

- Group-based Programs

Programs are hosted at the Macklind International Senior Center at 1329 Macklind in Dogtown in the Cheltenham neighborhood, Ward 17.

Phone: (314) 645-7800, ext 200
Website: bilingualstl.org

Geographic Service Area:
Open to residents throughout the City

Alzheimer’s Association

- Training for Caregivers and Individuals with Dementia

Phone: (314) 432-3422
Website: alz.org/greatermissouri

Geographic Service Area:
Locations throughout the City

Memory Care Home Solutions

- Training for Caregivers and Individuals with Dementia
- One-on-one Coaching and Care Plan Development

Phone: (314) 645-6247
Website: memorycarehs.org

Geographic Service Area: City Wide
Homemaker Chore Service Grants
These grants aim to assist older adults with IADLs (Instrumental Activities of Daily Living), which help people stay at home and remain independent. Services can include activities such as meal planning and preparation, house cleaning, medication management, laundry, and errands. These services are primarily for older adults in situations where they need some support but have limited financial resources or assistance from family or friends. Our goal is to help older adults to continue living in the home they choose.

Jewish Family and Children’s Service
- Partial to Full Coverage of Homemaker Chore Services
Phone: (314) 812-9300
Website: jfcs-stl.org
Geographic Service Area: City Wide

St. Andrew’s Senior Solutions
- Partial to Full Coverage of Homemaker Chore Services
Phone: (314) 726-5766
Website: standrewsseniorsolutions.com
Geographic Service Area: City Wide

Food Outreach
- Free Meals for Adults Undergoing Cancer Treatment
Phone: (314) 652-3663
Website: foodoutreach.org
Geographic Service Area: City Wide

For more information about the St. Louis City Senior Fund, contact our team:

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(314) 535-6964, Ext 12

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(314) 325-9475

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