

Report to the

COMMUNITY

St. Louis City Senior Fund
FY2020 & 2021



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INTRODUCTION



St. Louis City Senior Fund was created to support services for residents 60 years or older.

St. Louis City Senior Fund was approved by public vote in 2016. The approved legislation allows the City of St. Louis to levy and collect a property tax of up to five cents per hundred dollars of valuation for the purpose of “providing services to persons sixty years of age or older.” The tax revenue collected is managed and distributed by Senior Fund’s board and staff to support programs and services run by local nonprofits and government agencies. All grants from Senior Fund are directed to serve older residents in the City of St. Louis.

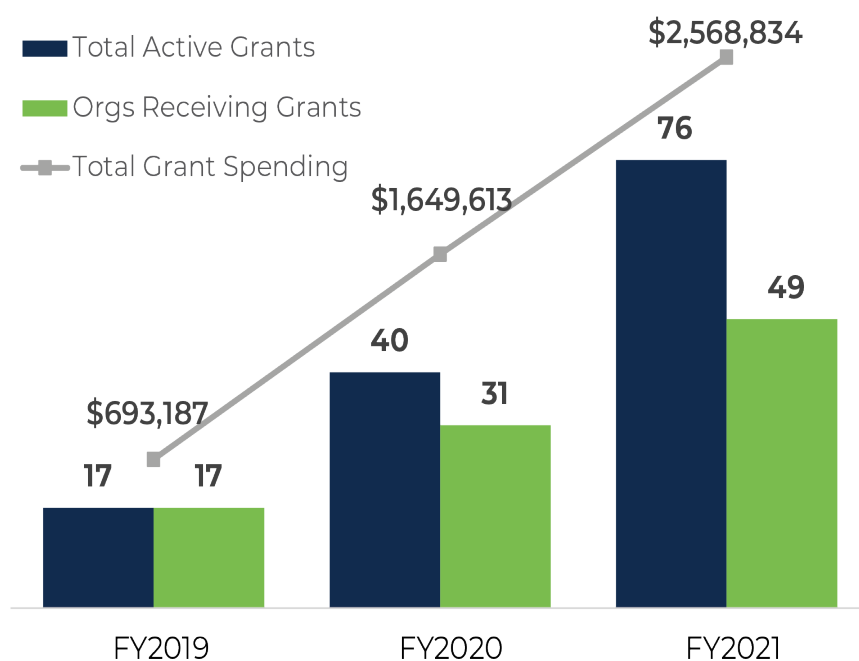
This report summarizes community investments managed by Senior Fund for two fiscal years: FY2020 and FY2021. These fiscal years were the second and third years of grantmaking for the fund. Significant increases in program investments occurred during this period due to planned intent of the Senior Fund Board of Directors to begin spending down cash reserves accrued the first two years of the fund, expansion of focus areas and types of grants, as well as response to community changes, including the COVID-19 pandemic that significantly altered our lives and community.

Increase in Program Investments

In 2019, the Senior Fund Board finalized a plan to begin spending down a significant portion of the fund’s net position over the next several years. In the first two fiscal years of the fund, only 23% of revenue received was spent. This was due to the time it took for establishment of board and staff, organization policies, financial structure, and grantmaking process. See the Senior Fund *FY2018 & 2019 Report to the Community* for a timeline of the first two years of the fund. The Senior Fund board’s goal was to work toward bringing the fund’s net position down to a sustainable level that is needed for multi-year grant commitments, expenses at the beginning of each fiscal year, and a modest cash reserve for unexpected organization or community needs. As a result of this decision,

grant awards were over four times higher in FY2021 compared to the first year of grantmaking; 100% of revenue received during the year was expended and \$563,607 was drawn from the net position (See Financial Statements section of this report). Due to increased grant opportunities, and strategic outreach to nonprofits in the community, the number of organizations that received grants from Senior Fund also significantly increased.

Figure 1. Amount of Direct Grant Spending & Active Grants for FY2019, 2020, & 2021



Note: FY2019 was the first year of grantmaking for Senior Fund.

Increase in Focus Areas and Grant Types

In FY2020 and FY2021, Senior Fund increased the number of focus areas under the Fund Defined grants category. This is funding awarded for specific focus areas Senior Fund has identified based on community needs assessments, feedback from service providers and residents, and other sources. Senior Fund added three additional focus areas—Social Isolation, Homemaker Chore, and Oral Health—and renewed and expanded grants for the focus areas funded in FY2019—Falls Prevention and Economic Security. The board also approved three new funding categories in FY2020—Applicant Defined, Collaborative, and Emergency—to support needs for which there were limited existing funding sources and to support collaborations to address community needs with other funders. The fourth funding category added during this time, Aging Network grants, included program investment directly to St. Louis Area Agency, and later senior centers, to respond to cuts in funding sources. Table 1 shows the increase in funding categories over the first three grantmaking years and distribution of investment across the grant categories. While several new grant categories were added in FY2020 and FY2021, the majority of program investments were still allocated to Fund Defined grants.

Table 1. Grant Award Expenses by Category & Fiscal Year

Grant Category	FY2019	FY2020	FY2021
<i>Total Grant Award Spending</i>	\$693,187	\$1,649,613	\$2,568,834
<i>Fund Defined</i>	\$693,187 100%	\$1,277,775 77%	\$1,700,656 66%
<i>Applicant Defined</i>		\$243,388 15%	\$406,962 16%
<i>Aging Network</i>		\$78,000 5%	\$338,158 13%
<i>Collaborative</i>		\$50,450 3%	\$32,500 1%
<i>Emergency</i>			\$90,558 4%

Response to Community Events

Unique and unexpected events had a significant influence on Senior Fund grantmaking in FY2020 and 2021. This included the once every decade Census count, a funding cut to a core agency for St. Louis City aging services, and most significantly, the world changing COVID-19 pandemic. Senior Fund responded to these events by pooling funds with other funders, opening up new grant opportunities, and pivoting focus of awarded grants to ensure older St. Louis City residents, and the organizations serving them, had access to resources they most needed at the time.

The remainder of this report goes into further detail of how Senior Fund approached responding to these events, in addition to carrying out the fund's core mission of administering the public funds collected to meet important community needs, address gaps in services, and achieve the greatest impact towards helping older adults in the community age in the home and neighborhood that best serves their needs and interests.

Funded Partners

Fifty organizations received one or multiple Senior Fund grants during the two-year period of this report (July 2019 – June 2021).

Organization	Fund Defined	Applicant Defined	Aging Network	Collaborative	COVID-19 Emergency
Alzheimer's Association, Greater Missouri Chapter	●				
Association on Aging with Developmental Disabilities	●				●
AT Still University of Health Sciences	●				
Bilingual International Assistant Services	●				
Cardinal Ritter Senior Services	●	●			
Center for Hearing and Speech	●	●			
Circle of Care		●			
City Seniors	●		●		●
College Hill Foundation		●			
Community Health in Partnership Services	●				
Deaconess Faith Community Nurse Ministry	●	●			●
Employment Connection	●				
Five Star Center	●	●	●		●
Food Outreach	●				
Heat Up St. Louis	●				

● = One Grant

Organization	Fund Defined	Applicant Defined	Aging Network	Collaborative	COVID-19 Emergency
Hope in the Ville					●
Housing Options Provided for the Elderly	●	●			
Independence Center					●
Jewish Family Services	● ●				
Legal Services of Eastern Missouri	●				
Lewis Place Historical Preservation		●			
LifeWise STL	● ●				
Lutheran Senior Services	●				
Memory Care Home Solutions	●				
MERS Missouri Goodwill Industries					●
Midtown Community Services		●			
Mission: St. Louis	●	●			
Missouri EnergyCare	●				
Northside Youth and Senior Service Center	●	●	●		
Paraquad	●				
Park Central Development	●	●			
PEACE Weaving Wholeness		●			●
Provident					●
Rebuilding Together - St. Louis	●	●			

● = One Grant

Organization	Fund Defined	Applicant Defined	Aging Network	Collaborative	COVID-19 Emergency
Robert Fulton Development			●		
Southside Senior Citizens Center					●
St. Andrew's Charitable Foundation	● ●				●
St. Francis Community Services		●			
St. Louis Activity Center			●		
St. Louis Area Agency on Aging, Department of Human Services, City of St. Louis	●	●	●		
St. Louis Community Foundation				●	
St. Louis Health Equipment Lending Program	●				
St. Louis MetroMarket		●			
St. Louis Society for the Blind and Visually Impaired	●	●			
The Fit and Food Connection					●
The Oasis Institute	●				
The Youth and Family Center	●	●	●		
VOYCE				●	
Walk N Faith					●
Wesley House Association		●	●		

● = One Grant

Grant Category

FUND DEFINED



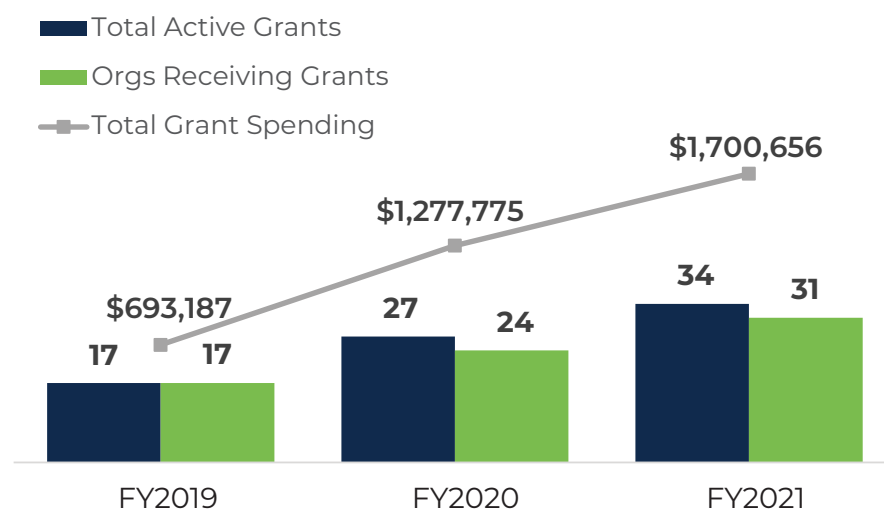
Fund Defined grants are awarded to address specific focus areas determined by the Senior Fund Board.

Fund Defined focus areas were selected based on community assessments, feedback from service providers and residents, and other sources. This category represents the large majority of grant awards distributed each year and are the only multi-year grants awarded by Senior Fund. Access to services that can support residents' health and wellbeing within their homes and connections to the broader community, can help older residents stay in their homes, prevent or delay the need for a move to a nursing home,

prevent homelessness, and increase quality of life. Senior Fund sought to support residents' health and well-being through support of organizations under five focus areas. During the two fiscal years covered by this report, Senior Fund distributed grants under three new focus areas—Homemaker Chore Services, Social Isolation, and Oral Health—in addition to continuing grants under Economic Security and Falls Prevention & Home Maintenance. Later in this report, there is more detail about the programs and services supported under each focus area.

The number of organizations, services, and ultimately residents supported under this funding category significantly increased compared to the first year of program investments for the fund (see Figure 2). Grant award maximums varied based on focus area and funding year. During this report's time period, Fund Defined grant awards ranged from \$6,205 to \$257,039 each year with a median award of \$47,000. By the end of June 2021, services provided by 31 organizations were supported by Senior Fund grants.

Figure 2. Amount of Fund Defined Grant Spending & Active Grants in FY2019, 2020, & 2021



Note: FY2019 was the first year of grantmaking for Senior Fund.

Number of Residents Served

Senior Fund grants supported services for older adults throughout the City of St. Louis. In FY2020, the number of residents served by programs supported by Fund Defined grants almost doubled compared to the previous year (91% increase) and continued to increase in the following year, in line with increases in grant spending.

The number of St. Louis City residents served with support of Fund Defined grants increased each year.

FY2019

1,519

FY2020

2,904

FY2021

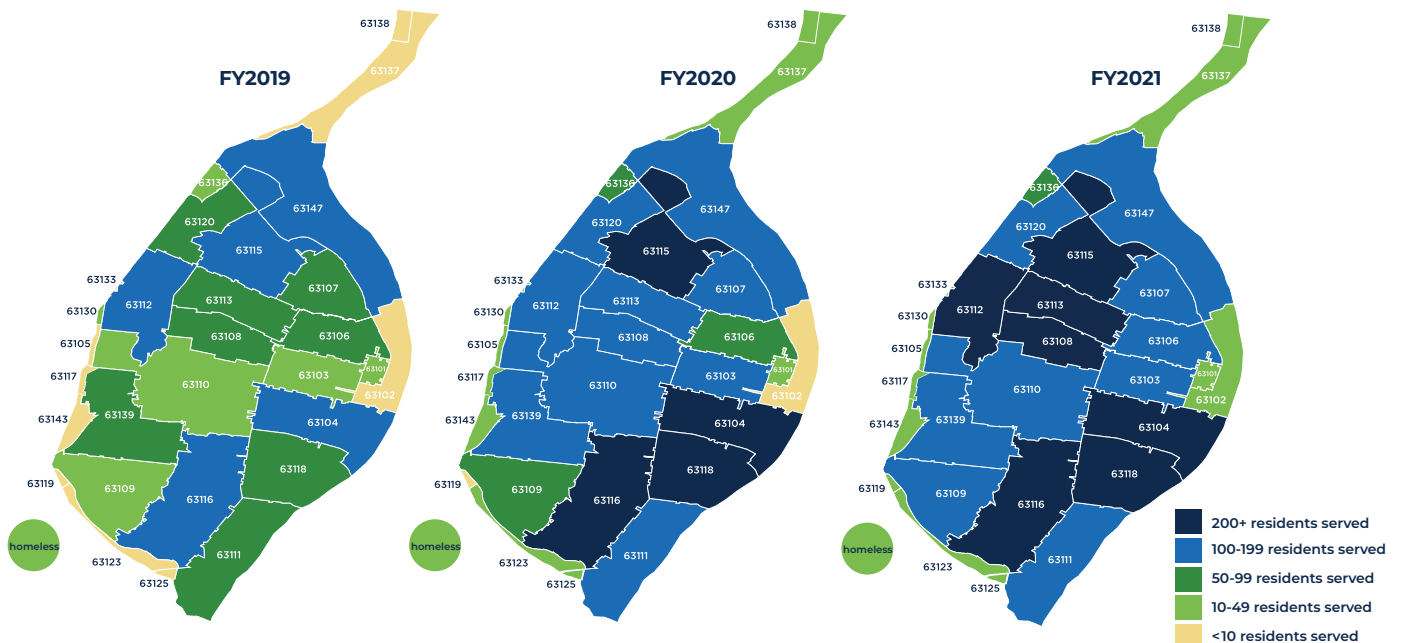
3,553

Number of older adults served with support from a Senior Fund grant is a summation of St. Louis City residents served across all Fund Defined grants. Effort is made to reduce duplicative count of clients served by more than one program or service as much as possible.

Where Residents Served Lived

When looking at where clients served by funded partners lived, all zip codes within the City’s limits were represented. As the number of grant awards and residents served increased, so did the number of residents served in specific zip codes. Zip codes with higher numbers of older adults served—areas highlighted in dark blue—were areas with the highest density of residents, areas with the highest percentage of older adults, and/or areas that had more residents with significantly lower household income or other challenges due to exclusion from resources, community disinvestment, and other systemic inequities. Maps presented below show number of residents served by all funded partners in each year.

Figure 3. Number of Residents Served with Support of Fund Defined Grants by Zip Code in FY2019, 2020, & 2021



Demographics of Residents Served

Funded partners share demographic data on residents served via grant reports each year. At a minimum Senior Fund requests information on age, zip code of residence, gender, race and ethnicity of residents served. Many funded partners also share data on annual household income or other information when it's relevant for the service being provided. These data are assessed as one way to confirm who is being served aligns with eligibility for Senior Fund support—a St. Louis City resident who is 60 years of age or older. These data are also referenced to assess the equity of who is being served—do the demographics of residents served align with demographics of residents who have likely experienced systemic inequities throughout life—and identify potential gaps in Senior Fund's grantmaking.

In comparing demographic data collected for residents served in FY2019, 2020, and 2021, one can see:

- ▶ Median age of residents served remained steady from year to year; around 70 years old. Age of residents served ranged from 60 to 106.
- ▶ Median income of residents served increased from the first year of program investments to a little below \$13,000/year; the majority of residents served do not have enough income to meet their daily needs. The increase in median income was largely due to the addition of supporting services that focused on serving residents who do not qualify for Medicaid (e.g., homemaker chore services), expansion of home repair and maintenance programs, and addition of programs that did not have income requirements for eligibility (e.g., social isolation programs). Ninety percent of residents served had incomes below \$25,000.
- ▶ Percent of women served decreased from year to year, largely due to more programs serving men under economic security, oral health, and homemaker chore focus areas. Percent of women served was higher than the percent of all older St. Louis City residents who are women (58%) or the percent of older residents with incomes below Federal Poverty Level who are women (56%).¹
- ▶ Percent of Black residents served also decreased after the first year of grants. This was influenced by the addition of support for programs focused on social isolation and homemaker chore services which served a lower percentage of Black residents compared to other focus areas. Percent of older Black residents served was higher than the percent

¹ US Census Bureau. (2019). *American Community Survey: 2015 - 2019 (5-Year Estimates)*.

of all older St. Louis City residents who are Black (46%) or the percent of older residents with incomes below Federal Poverty Level who are Black (61%).¹

Table 2.
Demographics of Residents Served with Support of Fund Defined Grants in FY2019, 2020, & 2021

	FY2019	FY2020	FY2021
AGE			
<i>Median Age</i>	70	71	69
60 - 69	48%	46%	52%
70 - 79	32%	32%	29%
80 - 89	16%	18%	16%
90+	4%	5%	4%
INCOME^a			
<i>Median Income</i>	\$10,698	\$12,519	\$12,880
<i>Income Min</i>	\$0	\$0	\$0
<i>Income Max</i>	\$75,000	\$75,000	\$67,000
GENDER^b			
<i>Women</i>	70%	69%	63%
<i>Men</i>	30%	31%	37%
RACE & ETHNICITY			
<i>Black</i>	73%	68%	68%
<i>White</i>	21%	24%	26%
<i>Asian or Asian American</i>	4%	4%	3%
<i>Hispanic or Latino/a</i>	0.2%	2%	0.6%
<i>American Indian, Alaskan Native, or Native Hawaiian</i>	0.3%	0.5%	0.1%
<i>Multiple Races or Ethnicities</i>	-	0.1%	0.1%
<i>Other Ethnicity</i>	0.6%	2%	2%

^a Household size ranged from one person to more than five. Some residents had \$0 in reported income. This could be because a person was not currently employed, did not have retirement savings or pensions, and/or did not qualify to receive Social Security benefits even if they were "retirement age."

^b To date, gender has been collected as binary categories. The percents listed above do not account for gender that was not reported due to the categories not aligning with a person's gender or if information about gender was never collected; percents are based on total reported responses. Senior Fund will be working on improving gender and other demographic data in the future.

During the two fiscal years covered by this report, Senior Fund distributed Fund Defined grant awards under five focus areas. The remainder of the Fund Defined report section will provide more detail about the programs and services supported under each focus area.



Economic Security



Falls Prevention & Home Maintenance



Social Isolation & Loneliness



Homemaker Chore



Oral Health



Economic Security

One in two older adults in St. Louis City are economically insecure; many struggle to cover the costs of housing, healthcare, transportation, food, and/or other expenses.² Senior Fund’s multi-year grants focused on Economic Security were continued from FY2019—when they were first awarded—into FY2020 and FY2021. Support for these grants aimed to expand resources to help older residents reduce their annual expenses, have opportunities for savings, and ensure they have what they need to meet their basic needs, at a minimum, as defined by tools such as the Elder Economic Security Index. Table 3 shows the number of residents served by programs and services supported in part by Senior Fund grants under Economic Security; read on for more details.

Table 3. Economic Security Grants: Number of Residents Served by Resource

	FY2020	FY2021
Total Residents Served	1,219	1,672
Residents served by type of resource:		
<i>NCOA Benefits Check-up</i>	726 60%	921 55%
<i>Utility Assistance</i>	330 27%	348 21%
<i>Weatherization & Supplies</i>	83 7%	90 5%
<i>Moving Assistance to Income-based Apartment</i>	46 4%	45 3%
<i>Education & Financial Counseling</i>	41 3%	33 2%
<i>Access to Home Medical Equipment</i>		150 9%
<i>Legal Assistance</i>		77 5%

Note: Numbers are not mutually exclusive; Some residents receive support from more than one service.

² OSEDA. (2015). *Seniors Count of Greater St. Louis: Needs Assessment, St. Louis City.*



726 older residents in FY2020 were screened with a locally tailored version of the National Council on Aging's BenefitsCheckup to determine benefits and other resources they qualified for. In FY2021, 921 residents were screened. Some residents chose to only receive counseling on their options while others received assistance with applications. In FY2020, 512 residents applied for and received assistance that helped increase access to and reduce the costs of their medications, medical care, food, or housing needs. This number increased to 647 residents in FY2021.

The most common benefit applied for was the Missouri Property Tax Credit program. That was followed by food and personal care item related assistance (e.g., SNAP, food pantries, incontinence supplies), utility assistance (e.g., LIHEAP, MSD), and assistance with Medicaid, Medicare, and other health-care resources. The new resources had an estimated annual total value of \$985,279 in FY2020 and \$1,436,882 in FY2021. Median estimated value for an individual was \$512 in FY2020 and \$600 in FY2021.



383 older residents in FY2020 received weatherization, heating and cooling supplies, and/or utility assistance to ensure they could remain safe and healthy in their homes, no matter the season. In FY2021, 426 older residents received similar services. Utility assistance was the most common resource provided with Senior Fund support. In FY2020, 331 older residents

“ Our client had an injury that forced him into early retirement and into the process of applying for Social Security Disability Insurance (SSDI). Before he was approved, his adult daughter passed away after contracting COVID-19, and he assumed care for his three teenage grandchildren. With the extra mouths to feed and his SSDI not yet approved, he faced mounting back rent and outstanding utility bills to the point where he was risking eviction. With assistance from our Senior Fund grant and other grants available to our department, we were able to help our client make payments on his utilities and rent and receive additional food assistance until his SSDI application was approved and he could begin receiving a monthly income again. ”

received assistance with their bills for a total of \$73,246 in utility expenses paid directly from a Senior Fund grant award. In FY2021, 348 residents received assistance with a total of \$85,124 in utility expenses. The large majority of utilities for which older residents received assistance (81% each year) was for electric utilities from Ameren.



46 older residents received assistance to reduce their housing cost burden and improve their home environment by moving to income-based senior apartments in FY2020; 45 received assistance in FY2021.

Assistance included identifying and applying for apartments, as well as financial support for initial moving needs (e.g., first month's deposit, utility arrears, movers, new furniture); deposits and furniture were the most common needs. Twenty-nine older residents assisted in FY2020, and 26 in FY2021, did not have stable or permanent housing prior to receiving assistance; before moving to an apartment, they were relying on staying with family or friends or living in cars or shelters. The median rent before moving was \$622; the median rent after residents received assistance was \$231.

“ Our client—who is 70— was houseless after being evicted from an apartment he could not afford on his monthly income of less than \$800. He spent several months living in his truck before one of our case managers intervened and helped him apply to several subsidized senior buildings. Our client was accepted at the building where his sister lives and we were able to help him move in as well as pay the deposit and the first month's rent with resources from our Senior Fund grant.”



41 older residents participated in multi-week financial and aging education courses in FY2020; 33 participated in FY2021.

In addition to attending seminars with their peers, participants received individual financial counseling, a BenefitsCheckUp, and an option to set a savings goal and have it matched 2:1. All participants who completed the program, made progress on their financial goals and received their match into a savings account; the majority of participants also reported increasing their use of a budget,

decreasing personal debt, increasing their credit score, and reducing financial stress.

In FY2021, Senior Fund added two additional multi-year grants under the Economic Security focus area; one focused on increasing access to medical equipment and the second related to access to legal assistance.



150 older residents received free home medical supplies and equipment in FY2021. Common items provided included canes and walkers, blood pressure monitors, shower chairs, transfer equipment, and beds. Average value provided was \$400; items such as lift chairs, hospital beds, and similar items were significantly more.



77 older residents received legal assistance in FY2021. Attorneys provided advice and counseling related to powers of attorney, wills and estates, loans, deceptive sales practices, and housing issues. Cases that were supported beyond counseling and advice focused on collections and other consumer issues, evictions and other housing issues, food stamps, and Medicare or Medicaid related issues. In the majority of cases, clients were able to successfully avoid eviction, secure consumer debt forgiveness, obtain monetary refunds, preserve income and wealth, and increase public benefit awards. For the cases that had monetary benefits, they recovered \$21,225 in monetary benefits in FY21.



Falls Prevention & Home Maintenance

Strength and balance exercises, managing medications, receiving support for vision limitations, and making home environments safer are all steps people can take to reduce their fall risk. Senior Fund’s multi-year grants focused on Falls Prevention were continued from FY2019—when they were first awarded—into FY2020 and FY2021. During this time period, home modification assistance was expanded to include home repairs not directly tied to falls prevention, as well as exterior home maintenance (e.g., yard mowing, exterior repairs) for residents who could not complete maintenance due to mobility, health, and/or financial reasons. Support for these grants aimed to expand resources to enable older residents to continue living in their home and community safely with choice and independence. Table 4 shows the number of residents served by programs and services supported in part by Senior Fund grants under Falls Prevention and Home Maintenance; read on for more details on the services supported.

Table 4. Falls Prevention & Home Maintenance Grants: Number of Residents Served by Resource

	FY2020	FY2021
Total Residents Served	726	684
Residents served by type of resource:		
<i>Fall Prevention Screening, Case Management, & Referrals</i>	299 41%	261 38%
<i>Home Repairs or Modifications</i>	264 36%	220 32%
<i>Exercise Classes</i>	151 21%	86 13%
<i>Assistance with Low Vision</i>	41 16%	52 24%
<i>Yard or Other Exterior Maintenance</i>		90 13%

Note: Numbers are not mutually exclusive; Some residents receive support from more than one service.



299 older residents received fall risk screenings, fall prevention education, and assistance with managing medications and other resources to reduce fall risk; **261** received assistance in FY2021.

Common resource referrals included home repair providers to help install safety modifications (e.g., grab bars, ramps), obtaining durable medical equipment to help with daily activities, connections to pantries and home delivered meal providers, and transportation support.



151 older residents participated in exercise programs held at locations within St. Louis City in FY2020; **86** participate in FY2021.

Classes focused on improving balance and strength to reduce fall risk. Due to the COVID-19 pandemic, exercise programs—that are primarily in-person and group-based—were significantly affected. Programs supported by Senior Fund grants shifted online, held sessions outdoors, and/or scheduled individual appointments.

“ One of our members had a stroke and is coming to the gym primarily to work on her balance. She reported that she has become stronger and that—with help from the group exercise classes, especially—her balance has improved. Having access to the center has become important to her because it provides a safe place to interact with others outside of her home. ”



41 older residents who experienced vision challenges after using glasses or contacts received a low vision assessment and assistance with obtaining low vision and adaptive living aids in FY2020; **52** received assistance in FY2021. Some residents received further assistance through Vision Rehabilitation Therapy services to help them adapt to their vision changes and continue to remain independence, safe, and healthy in their homes.



264 older residents received assistance with home repairs or modifications in FY2020; **220** older residents received assistance in FY2021. The most common repairs or modifications were related to railings, lighting, and grab bars. Repairs to floors and steps, additions of ramps and safety equipment, HVAC and weatherization repairs

and maintenance, and electrical and plumbing repairs were also completed for some residents. Many residents' homes had additional repairs that were beyond funding available through the Senior Fund (e.g., extensive plumbing or electrical issues, roof replacement). Partner organizations were able to respond to some of these needs with funding from other public and private sources.

In FY2021, Senior Fund added grants focused on exterior maintenance due to lack of availability of these services for homeowners with limited income.



90 older homeowners received assistance with exterior maintenance in FY2021. The majority of residents supported with these services received regular yard maintenance (mowing, seasonal cleanup) and snow removal as needed; a service that is not available for many and can lead to code violations (i.e., overgrown yards) and safety and wellbeing issues. Additional residents received exterior maintenance and repairs that addressed issues that could increase their risk for falls (e.g., railings, stairs), significant damage to their home (e.g., gutters, trees), and code violations (e.g., fence repair).

“ Our client—who is 86—has lived in her home for over 40 years. She is cared for by her daughter who visits her every day. Our client was in need of a ramp to allow her to safely enter and exit her home. The daughter, who is now 68, reported helping her mother get out of the house was getting harder and harder. The process of getting her mother up and down the stairs and navigating the uneven sidewalk was time consuming and exhausting for the both of them. With support of grant funding, our client now has a new ramp which she uses to get in and out of her home with only limited assistance. ”



Social Isolation & Loneliness

In FY2020, Senior Fund added a new grantmaking area focused on social isolation and loneliness. This focus area aimed to support resources to prevent and reduce social isolation and/or loneliness for individuals who had a higher risk of these experiences due to changes in physical or mental health, caregiving demands, living situations, mobility challenges, major life events, language or cultural differences to others in their community, restrictions due to COVID-19 pandemic, or other factors. Table 5 shows the number of residents served by programs and services supported under the Social Isolation and Loneliness focus area; read on for more details on the services supported.

Table 5. Social Isolation & Loneliness Grants: Number of Residents Served by Resource

	FY2020	FY2021
Total Residents Served	751	717
Residents served by type of resource:		
<i>Hearing Screening & Assistance</i>	292 39%	165 23%
<i>Senior Companions</i>	186 25%	143 20%
<i>Dementia Care Planning & Training</i>	120 16%	111 15%
<i>Group-based Programs (In-Person or Virtual)</i>	103 14%	58 8%
<i>Dementia Education Workshops</i>	50 7%	104 14%
<i>Supply Delivery</i>		102 14%
<i>Individual Check-ins & Case Management</i>		137 19%

Note: Numbers are not mutually exclusive; Some residents receive support from more than one service.



292 older residents received free hearing screenings and hearing health checks in FY2020; **165** older residents were served in FY2021.

In FY2020 mobile screenings at senior apartment communities and other sites took place with transportation provided to the clinic for any older adult who needed further follow-up. Due to the COVID-19 pandemic, this changed to all services being delivered at two clinic sites with transportation provided. Hearing aids—along with fittings and maintenance appointments—were also offered on a sliding scale ranging from free to a portion of the cost at an affordable amount. In FY2020, 75 older residents received free to low-cost hearing aids; 64 older residents received hearing aids in FY2021.

“Our client is very connected to her church. Increasing hearing loss made it difficult for her to attend services, talk to friends, and attend Sunday school and bible studies. The hearing aid she received helped her be more actively engaged. When stay-at-home restrictions happened due to COVID-19, funds from our grant made it possible for us to also provide our client with a tablet and help her download her church’s app. She has been able to stay connected to her church community and continue engaging in what is important to her.”



186 older residents benefited from engagement in a senior companion program in FY2020; **143** engaged in the program in FY2021.

Participants received free, reliable weekly visits for companionship, transportation, and other support that enabled them to live independently and feel less socially isolated. Caregivers of homebound older adults received respite services. Volunteers who served as companions—who were also older adults—received benefits of helping others, social connections, and a small stipend for their work. The program was significantly affected by the COVID-19 pandemic that began in FY2020 and continued through FY2021. Staff and a core of volunteers shifted to check-ins via telephone, porch visits, and supply drop-offs when they could not go into participants’ homes.



89 older residents with dementia and 31 older residents serving as caregivers were provided tailored services to help adapt to living with dementia or caring for a person with dementia in FY2020; 73 older residents with dementia and 38 older residents serving as caregivers were supported in FY2021. Services included family consultations and case management, customized care plans, home and safety assessments and modifications by an occupational therapist, and regular trainings (e.g., behavior management, communications, equipment use) focused on helping adults with dementia remain in their home as long as possible.

Senior Fund supported several group-based programs focused on increasing social connections for older residents experiencing isolation and loneliness. This included the first implementation of Circle of Friends in the United States, a group-led and peer facilitated intervention developed in Finland, and culturally-specific groups for foreign-born older adults.



68 older residents participated in Circle of Friends programs in FY2020; 58 engaged in the program in FY2021. Circle of Friends was offered for older adults with developmental disabilities at two senior centers; they transitioned to group sessions outdoors and other locations in the community due to the pandemic. Circle of Friends was also implemented with groups at five senior apartment communities. Groups began in-person, but due to the pandemic, transitioned to virtual sessions. This led to some decrease in participants, but for those who were committed to continuing virtually, they were provided with tablets and training on Zoom to maintain the connections they developed prior to the start of the pandemic.

“ We have had a lot of fun getting to know each other, talking with each other, and riding out the pandemic with each other. When we come together, we are more than a meeting for “Circle of Friends,” we are real friends. ”



35 foreign-born older residents participated in culturally specific group programs in FY2020 that included congregate meals, health education, field trips, and fellowship driven by group members with support of staff facilitators. Other funding sources supported additional groups. Due to the pandemic, groups stopped meeting in

person and services supported by Senior Fund shifted to individual outreach and support for group members isolated at home; 137 group members were supported with individual check-ins and case management and 102 group members received additional support of personal care and food supply deliveries in FY2021.

“Our client—who is 66—is from Vietnam and has extremely limited English skills. She is the sole caregiver for her 92-year-old father. With no other family in the area, limited community contact, and senior centers being closed, she has worked frequently with our Vietnamese Community Access Workers. When our client’s vision suddenly and rapidly deteriorated, our case worker was instrumental in arranging her surgery and having it moved up as quickly as possible. The surgery entailed an 8-hour appointment with chauffeur and interpreter duties followed by check-ins, prescription coordination, and reconciliation of medical expenses. Now, our client’s vision is almost fully restored and she has been able to continue caring semi-independently for her father and herself. Funding from Senior Fund has allowed our case workers the flexibility to provide comprehensive service to help isolated seniors maintain independence and self-determination.”



50 older residents participated in group-based educational workshops to provide support for caregivers caring for someone with dementia and older adults living with early-stage dementia, as well as general education for community members, in FY2020; in FY2021, workshops shifted from in-person to virtual and 104 older residents participated in them.



Homemaker Chore

In FY2020, Senior Fund added a new grantmaking area focused on homemaker chore services. These resources aimed to assist older adults with activities of daily living, which help people stay at home and remain independent. Services could include support for activities such as meal preparation, house cleaning, medication management, laundry, personal care, and errands. These services were primarily for older adults in situations where they needed some support but had limited financial resources or assistance from family or friends. Table 6 shows the number of residents served by programs and services supported under the Homemaker Chore focus area; read on for more details on the services supported.

Table 6. Homemaker Chore Grants: Number of Residents Served by Resource

	FY2020	FY2021
<i>Total Residents Served</i>	220	414
Residents served by type of resource:		
<i>Assistance with Household Chores & Personal Care</i>	111 50%	74 18%
<i>Provision of Medically Tailored Meals</i>	109 50%	340 82%



111 older residents received chore and personal care services in FY2020; **74** older residents were supported with services in FY2021.

Services included assistance with light cleaning, laundry, shopping, errands, meal prep, bathing, dressing, and grooming. Services were offered for free or on a sliding scale depending on the provider managing services and annual income of the client. On average, older residents received eight hours per week of services. The number of hours each week increased significantly for some clients during the pandemic due to providers helping clients who needed more support to try to delay moves to assisted living or other group residential settings. Providers also connected residents to other resources particularly for home modifications, transportation, and food and personal care item support.

“One of our clients has degenerative disc disease and severe arthritis and has not been able to keep her home up to her normal standards for years. This has been a source of stress and discomfort for her, as she was normally very social and active with entertaining in her home. She was also paying a neighbor to pick up her groceries and prescriptions for her because she had no family in the area who could assist and she did not want to impose on her friends, but this was becoming too costly. She had applied for Medicaid services and been rejected due to income and ability level in the past. Through our program she now receives housekeeping twice a week with errands as needed, and she has informed staff that this was truly an answer to her prayers.”



109 older residents received nutrition counseling and medically tailored meals and groceries while they were undergoing cancer treatment in FY2020;

340 older residents living with HIV/AIDS and residents undergoing cancer treatment were served in FY2021.

Residents received an assessment and nutritional plan by a registered dietitian, two prepared meals per day for either two-weeks or 30 days at a time depending on their freezer storage capacity, as well as additional pantry, cleaning, and personal care items.

“A client is currently undergoing chemotherapy treatment. She commented that when the mentally and physically tiring chemotherapy takes five or more hours out of your day, it is incredibly hard to find the time and energy to cook at home. Getting prepared meals and pantry staples from us has been truly a blessing.”



Oral Health

In FY2021, Senior Fund added a new grantmaking area focused on oral health. Outside of some employer-based insurance, comprehensive dental coverage is limited to non-existent for many older adults. Some providers, such as Federally Qualified Health Centers, dental schools, and a few other local clinics offer low-cost care, but for many older adults these reduced fees are still financially out-of-reach. Senior Fund's support for oral health is focused on assisting older adults who cannot afford oral health care and are at increased risk for poor oral and overall health.



94 older residents were screened and in process of receiving free dental care services in FY2021, including receipt of oral cancer screenings and transportation assistance for dental appointments. The average cost of treatment covered by the Senior Fund grant was \$1,280, with a treatment plan range from zero (insurance covered) to \$3,400. Fifty percent of treatment plans include partial or complete dentures; a dental treatment that is not typically covered by Medicaid or Medicare.

“ I had poor teeth as a child and was taken to the dental school back then. It was scary, and they would drill to the nerve! Before hearing about OCOA [Oral Care for Older Adults] I went a long time without teeth. The Smile Wise class was informative and helped me relax. Dental care here was very different from what I remembered. This place is wonderful, the equipment was wonderful. Everyone was kind and helpful. It's very different from the old days. My student dentist talked me through everything. He asked lots of questions about me and let me know he cared. He is going to be a wonderful dentist.

My dentures are beautiful - the best teeth I've ever had. I need to keep practicing to get good with eating with them. I would recommend OCOA to anyone. Lots of people need this kind of help! ”

Grant Category

APPLICANT DEFINED



There are a range of needs for older adults, and the organizations that serve them, that may not always fall under Senior Fund’s primary focus areas.

To recognize this, Senior Fund released a new funding category in FY2020 called Applicant Defined grants. This category accepted proposals that addressed issues based upon an applicant’s determination of organization and community need, as long as it was consistent with Senior Fund’s mission. Additional objectives of this funding category included offering an opportunity that would encourage smaller and/or new to Senior Fund organizations to apply for one-year grant support and informing future focus

areas based on common organizational and community needs addressed by grant submissions. Requests were accepted for:

- ▶ **Program Support** – Specific programs or services that may not fall within the Senior Fund’s focus areas or other open funding opportunities. Grants supported expansion of services or support for continuation after an unexpected change in revenue.
- ▶ **Pilot Projects** – Piloting of a new idea or improvement to existing services.
- ▶ **Capacity Building** – Efforts to enhance or improve an organization’s delivery of services; for these grants, that meant support for equipment purchases.

Organizations could apply for one-year grants up to \$75,000. Grant awards ranged from \$6,000 to \$71,000, with a median award of \$30,000. In the first funding round in FY2020, 47% of the applicants and 55% of the grant award recipients were new to Senior Fund. See table 7 for additional information.

Table 7. Applicant Defined Total Grant Awards & Organizations Supported

Grant Category	FY2020	FY2021
<i>Total Grant Award Spending</i>	\$243,388	\$406,962*
<i># of Organizations with Grants in Fiscal Year</i>	11	13
<i>% of Organizations Without Previous Senior Fund Award</i>	55%	23%

* Grant award spending was split between fiscal years. FY2020 grant award payments were split between FY2020 and FY2021. FY2021 grant award payments were split between FY2021 and FY2022; the portion of FY2021 grant awards that were paid in FY2022 was \$155,239.

The majority of grants under this funding category supported program expansion, filling in funding gaps, or other support for existing services. Both funding rounds provided opportunity to pilot new services such as on-demand transportation, social support for clients with recent hearing loss, fresh food delivery to new sites, home repair service improvements, and testing of evidence-based programs in St. Louis (i.e., provision of home repair,

occupational therapy, and nursing support through the CAPABLE program model). In FY2020, it was also the first funding opportunity offered by Senior Fund that supported capacity-building grants, which funded several organizations to purchase equipment that helped improve service delivery and programs offered.

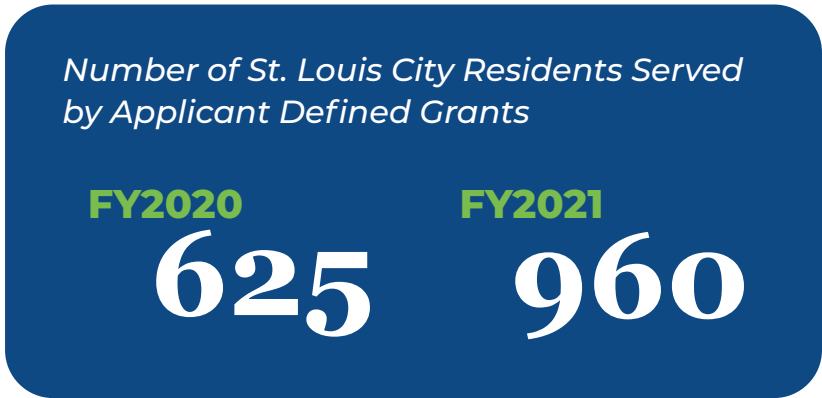
Services Supported & Influences of COVID-19 Pandemic

FY2020 grants were approved for awards in February 2020 and began in April 2020; many grants pivoted their purpose due to initial pandemic needs and building closures. Programs and services supported by Senior Fund grants included virtual classes on art, history, mental health, and wellness; technology training; care coordination and healthcare services; home repairs and modifications to increase energy efficiency and decrease risk of falls; food and personal care item delivery; and transportation.

FY2021 grants began in January 2021 and were strongly influenced by issues related to the pandemic. Most of these grants focused on serving residents who were isolated and included support for similar services in FY2020. Grants also supported moving assistance to more stable and affordable apartments and financial assistance with rent, mortgages, and utilities for residents who did not qualify for COVID-19 assistance programs. At the time, COVID-19 assistance programs were largely focused on residents who had a decrease in income due to loss of work.

Number & Demographics of Residents Served

Many older adults were served with support from Senior Fund through the Applicant Defined funding category. Demographics of residents served by programs supported were very similar to those of residents served through support of Fund Defined grants, with one exception. Both years, a higher percentage of older residents who were Asian were supported under Applicant Defined grants. This was primarily due to support of St. Francis Community Services' programs focused on Vietnamese elders, which was a new grant for Senior Fund.



Number of older adults served with support from a Senior Fund grant is a summation of St. Louis City residents served across all Applicant Defined grants that focused on using grant funds for direct services. Effort is made to reduce duplicative count of clients served by more than one program or service as much as possible.

Table 8. Demographics of Residents Served with Support of Applicant Defined Grants in FY2020 & 2021

	FY2020	FY2021
AGE		
<i>Median Age</i>	72	72
60 - 69	44%	45%
70 - 79	39%	38%
80 - 89	15%	14%
90+	3%	3%
INCOME		
<i>Median Income</i>	\$13,074	\$15,000
GENDER^a		
<i>Women</i>	73%	64%
<i>Men</i>	27%	36%
RACE & ETHNICITY		
<i>Black</i>	70%	75%
<i>Asian or Asian American</i>	22%	18%
<i>White</i>	8%	7%

a To date, gender has been collected as binary categories. The percents listed above do not account for gender that was not reported due to the categories not aligning with a person's gender or gender was never collected; percents are based on total reported responses. Senior Fund will work on improving gender and other demographic data collected in the future.

Organizations Receiving Multi-Year Grants

The Applicant Defined funding category was an opportunity for organizations who had not previously received Senior Fund support to apply. Out of the 19 organizations who were supported in one or both funding rounds, nine had not previously received a Senior Fund grant. After receiving an Applicant Defined grant, five of the nine (56%), received future multi-year support under Senior Fund's Fund Defined grant category.

Grant Category

AGING NETWORK



A network of agencies ensures St. Louis City residents have access to free nutrition, transportation, and other home and community-based services.

The Older Americans Act (OAA) is one of the primary sources for federal funding to support nutrition, transportation, and other home and community-based services for older adults; particularly for those who cannot afford the cost of services on their own. OAA established a national network of federal, state, and local agencies to plan and provide these essential services. This interconnected structure of agencies is known as the Aging Network. In St. Louis, the St. Louis Area Agency on Aging serves as the

core agency that receives OAA funding for planning and service provision in St. Louis City. Their agency, along with several senior centers and other nonprofits, make up the core of the aging services network for the City of St. Louis.

Each state receives OAA funds according to a formula based on the state’s share of the US older population. Federal funding allocated for the OAA is then distributed within states to regional Area Agencies on Aging (AAAs) based on an intrastate funding formula that accounts for the general geographical distribution of older adults and the distribution of older adults with the greatest economic and social needs. Federal and state funding for AAAs has been stagnant over time, meaning that while the number and share of older adults grow, AAAs and other Aging Network providers have struggled to keep pace with demand for services.³ Given this funding stagnation and

increased demand, Senior Fund began responding to funding need requests from St. Louis Area Agency on Aging in FY2020—and later senior centers—with additional grant opportunities.

Table 9. Aging Network Grant Awards & Organizations Supported

Grant Category	FY2020	FY2021
<i>Total Grant Award Spending</i>	\$78,000	\$338,158
<i># of Organizations with Grants in Fiscal Year</i>	1	8

Support for St. Louis Area Agency on Aging

Senior Fund supported two grants outside of the Fund Defined and Applicant Defined grant categories for St. Louis Area Agency on Aging (SLAAA) in FY2020 and FY2021. The first grant supported increasing SLAAA’s local match so they could receive more funding from the Missouri Elderly Handicap Transportation Assistance Program (MEHTAP).

This support resulted in SLAAA receiving \$332,940 for the year, \$182,940 more than if they had not received the matching grant. These funds were used to increase reimbursement rates for transportation services provided by seven senior centers. Funds were also used to reduce the cost of the monthly bus pass program from \$24 to \$15 per month; 1,161 clients benefited from the reduced fare.

³ Missouri Budget Project. (2022). *Aging in Missouri: An Overview of State Services and Funding.*

After SLAAA received notice that they would experience a funding cut in the upcoming year due to changes in how the state applied their OAA funding formula, Senior Fund contributed towards a portion of the funding loss in FY2021. This grant helped fill gaps in funding for home delivered meals and transportation services. With this support, SLAAA was able to cover the costs of 14,735 meals to 62 seniors and 258,921 units of transportation to 1,708 clients that would have likely been cut if they were not able to make up for the funding shortfall. Grant support also gave them time to make adjustments to their future budgets without needing to immediately cut services.

Senior Center Grants

Senior and community centers often serve as a hub for older residents to come together for activities that reflect their experience and interests and connect to meals, transportation, and other resources that help them stay healthy and continue living in their home and neighborhood. Centers who receive OAA funding offer these services at no cost to the resident. Senior Fund began offering a funding opportunity specific to senior centers due to the pandemic. During this time, centers were cancelling fundraising events, which was a common source of funding for regular maintenance, facility, equipment, and vehicle improvements.

In FY2021, Senior Fund accepted proposals to support capital updates, as well as general operating support, for existing senior and community centers located within St. Louis City, that had defined geographic service areas, and provided free programs and services for older adults. Funding for capital needs could support:

- ▶ Facility improvements such as renovations to improve accessibility, energy-efficiency, or safety or other refurbishments of existing spaces to improve the use or aesthetics of where older residents use programs and services.
- ▶ Equipment purchases such as food storage and other kitchen appliances, furniture, computers, audiovisual equipment, vehicles, or other substantial items needed to carry out services.



A portion of Senior Center grants supported new equipment—like Five Star Center's freezers pictured here—to replace old items or increase their capacity to meet new demands for services due to the pandemic.

These grants were capped at \$25,000 for capital improvements and \$7,500 for general operating support.

Seven senior centers in St. Louis City received grants. Most of the grants supported building maintenance and updates, including adding ADA compliant doors, electrical repairs, tuckpointing, interior updates (e.g., painting), and build out of new spaces. The remaining funds supported office and kitchen equipment purchases, technology and audio/visual updates and training, vehicle expenses, and support for general operating costs not covered by another funding source.



Some centers used their grants to improve or create spaces dedicated for the older adults they serve—like Youth and Family Center’s space pictured here—to use for classes, gathering, or quiet space away from other areas of the center.

Grant Category

COLLABORATIVE



Pooled or matched funding with other partners is used to improve existing services, increase outreach, and support policy and other systems change.

In FY2020 the Senior Fund board approved this new funding category to support funding opportunities initiated by Senior Fund or other partners that aligned on shared goals. All efforts supported through this category must connect back to improving services and systems for older St. Louis City residents. In FY2020 and 2021, Senior Fund invested in several collaborative focused efforts with funding contributions, as well as dedicated staff time.

2020 Census Outreach

Missouri Foundation for Health convened the Census Funders group, which was comprised of representatives of eight different foundations who pooled funding in support of Census 2020 outreach. The outreach efforts encouraged full participation in the 2020 census, with a special focus on historically hard-to-count populations, including older adults. The accuracy of the nation's 2020 Census was threatened by numerous factors, including the decision to include a question on citizenship, inadequate funding, substantial distrust of the federal government among many communities, and uncertain preparation by the U.S. Census Bureau for its first-ever online census. Thirty organizations were selected to receive support from the collaborative funding opportunity that raised a little over \$443,000. Senior Fund supported grants that focused on outreach efforts to St. Louis City older residents. The fund supported \$50,450 in grants that were distributed and managed by the St. Louis Community Foundation.

Statewide Coalition on Aging

In FY2020, Senior Fund supported a grant writer to submit an advocacy grant to Missouri Foundation for Health for the purpose of supporting work to form a statewide aging advocacy coalition. This resulted in a two-year grant award for over \$200,000 from the foundation for the Missouri Association of Area Agencies on Aging. The purpose of the grant was to build on previous convening work and continue the conversation of critical issues in aging that could become shared priorities across different partner organizations throughout the state. Ultimately, the goal of this work was to determine high level actions that a statewide coalition might collectively take to advance progress on these priorities and improve programs, services, and other resources for older Missourians. In addition to supporting the grant writer, Senior Fund took a leadership role in the advisory committee for the advocacy coalition.

Association of Senior Levy Boards

Senior Fund met with staff from two of the larger senior levy funds in the state—Clay County and Platte County—to form an association for all 55 of the Missouri senior levy fund boards. The association was based on the model of the Missouri Association of County Developmental Disabilities Services and followed many of years of levy fund board members convening on an annual basis. The Missouri Association of Levy Boards and Senior Organizations was formed in the summer of 2020 to help facilitate collaboration, coordination, education, and advocacy around issues impacting older adults served by the levy funds.

Behavioral Health Support in Nursing Homes

The COVID-19 pandemic disproportionately affected the mental health of residents, staff, and families in nursing homes and other long-term care communities. The pandemic confined residents to their rooms without congregate meals, activities, and in-person family visits. Residents, staff, and families were traumatized by the news of the increase in numbers of residents ill or dying, being ill themselves, and by experiencing the disruptions and losses brought on by COVID-19 spreading throughout facilities. Senior Fund and Saint Louis MHB—which manages the St. Louis City Community Mental Health Fund—collaborated to fund a short-term effort to provide mental health services to St. Louis City residents residing in nursing homes during the pandemic. VOYCE, one of the state ombudsman programs, whose mission is to protect resident rights and improve resident’s quality of care, took a leadership role in the work. Even though VOYCE did not provide mental health services, they were a trusted entity to the long-term care facilities and provided the connection to local mental health services. VOYCE helped connect long-term care communities to partners such as Memory Keepers and the Show Me Hope collaborative which provided free, confidential, and accessible emotional support, resource referral, community outreach, and other services.

Behavioral Health and Aging Networks

Similar to the aging services network, the behavioral health services system has been critically underfunded and unable to fully meet the need of behavioral health services for many individuals, including older adults. In response to limited funding and resources for behavioral health support for older adults, Senior Fund led a short-term task force with the Behavioral Health Network and Saint Louis MHB to work with partners on identifying responses to the issues. The task force—which included representatives from 25 older adult and behavioral health service providers—began convening in January 2021. The purpose of the task force was to: 1. Evaluate gaps in the safety net service delivery system and improve coordination between aging network and behavioral health providers; 2. Educate member organizations about available resources for older adults in the St. Louis region; and 3. Develop recommendations to improve the system of coordination between the aging network and behavioral health providers. Members decided to continue efforts under the name St. Louis Aging and Behavioral Health Council after the taskforce ended its work in November 2021. Partners worked together to apply for grant opportunities to continue their efforts.

Grant Category

EMERGENCY



Funding options can be limited when organizations experience an unexpected event that threatens their ability to operate programs and services.

At the Senior Fund Board's September 2019 meeting, a new program investment category, Emergency Fund, was approved to begin in the fiscal year. The decision supported a small portion of budgeted program investments each year to be allocated to offer support when organizations serving older St. Louis City residents have an unanticipated event that is beyond the control of an organization, threatens the organization's ability to operate senior programs and services, cannot be otherwise accommodated

from resources available to the organization, and requires urgent or timely action.

Before the new funding category was implemented, the COVID-19 pandemic began. Based on needs shared by current Senior Fund grantees, as well as requests to the Regional Response Team and COVID-19 Regional Response Fund—programs managed through the St. Louis Community Foundation—Senior Fund released a COVID-19 Emergency Grant RFP in September 2020. Organizations could apply for up to \$10,000 to support immediate needs related to the pandemic; grant awards were expected to be expended within six months. Applications were accepted on a rolling basis for five weeks before budgeted funds were expended.

Thirteen organizations received grants ranging from \$1,500 to \$10,000 for a total of \$90,558 in grant awards. The average turnaround between submission and decision was two weeks. Forty-three percent of the organizations that received awards had not received a grant from Senior Fund before. Funding supported PPE and cleaning supplies, food and personal care items for clients, technology to assist with virtual programming, transportation services, and employee pay and volunteer stipends that could not have otherwise been paid due to building closures and changes in services not reimbursed by organizations' funding sources at the time.

In future fiscal years, this funding category has continued as Emergency Grants for Organizations to help support organizations when unplanned events occur that affect delivery of services.

HUMANS OF ST. LOUIS



Humans of St. Louis is a nonprofit that shares first-person stories and photographic portraits, featuring people and places throughout St. Louis.

Senior Fund collaborated with their team to capture some of the stories of St. Louis City residents who have been connected to the organizations supported by Senior Fund grants. The photos and stories produced by Colleen Smyth and Lindy Drew in 2021 are featured on Humans of St. Louis's website and social media; and some of the participants' portraits are included in this report. We want to thank all of the older adults who graciously shared their stories and images collected through this collaboration.

FINANCIAL STATEMENTS

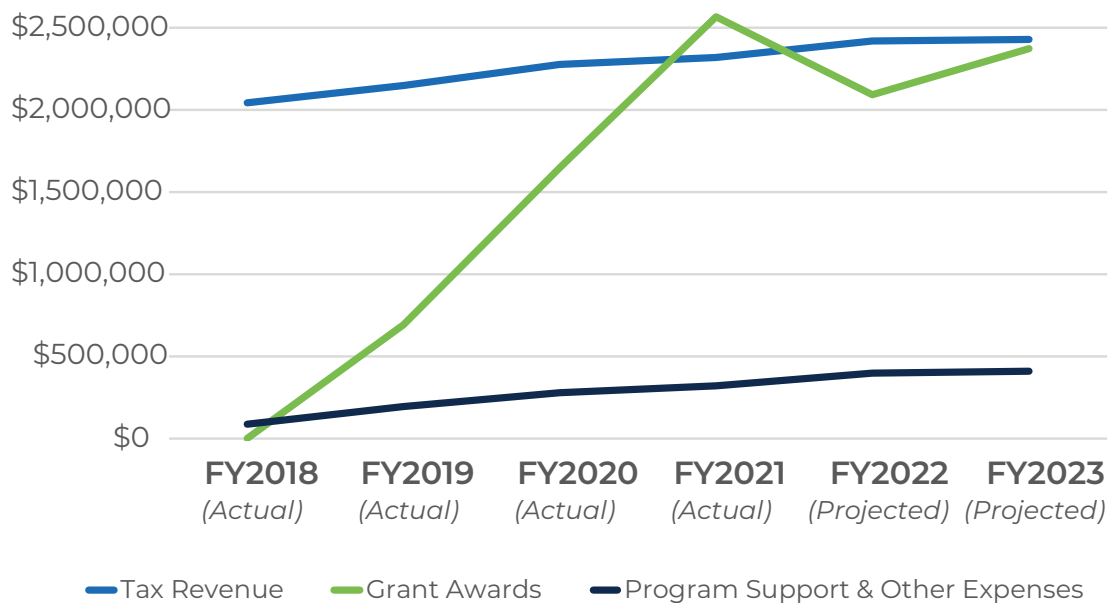
Table 10. Statement of Net Position

	FY2020	FY2021
ASSETS		
<i>Cash</i>	\$3,525,226	\$2,981,603
<i>Taxes Receivable</i>	197,662	199,382
<i>Accounts Receivable</i>	9,668	3,582
<i>Capital Assets, Net</i>	8,823	6,037
<i>Prepaid Expenses & Other Assets</i>		2,464
Total Assets	\$3,741,379	\$3,193,068
LIABILITIES		
<i>Accounts Payable</i>	\$72,411	\$88,057
<i>Accrued Liabilities</i>	4,692	5,451
<i>Accrued Compensated Absences</i>	9,105	7,996
Total Liabilities	86,208	101,504
NET POSITION		
<i>Net Investment in Capital Assets</i>	8,823	6,037
<i>Unrestricted</i>	3,646,348	3,085,527
Total Net Position	3,655,171	3,091,564
Total Liabilities & Net Position	\$3,741,379	\$3,193,068

Table 11. Statement of Activities

	FY2020	FY2021
PROGRAM EXPENSES		
<i>Senior Citizen Services Provided</i>	\$1,929,031	\$2,888,663
GENERAL REVENUES		
<i>Tax Revenue</i>	2,277,521	2,319,184
<i>Interest Income</i>	35,576	5,872
<i>Total General Revenues</i>	\$2,313,097	\$2,325,056
CHANGE IN NET POSITION		
<i>Net Position - Beginning of Year</i>	3,271,015	3,655,171
<i>Net Position - End of Year</i>	\$3,655,171	\$3,091,564

Figure 4. Actual & Projected Revenue & Expenses



BOARD & STAFF

Board of Directors

Board members provide oversight and stewardship of the tax funds and other revenue received by Senior Fund. All board members live in the City of St. Louis and are appointed by the Office of the Mayor and approved by the Board of Aldermen.

William Siedhoff

Chair FY20 & FY21

Mary Ann Nestel, CSJ

Secretary FY20 & FY21

Cynthia Crim

Vice-Chair FY20 & FY21

Chauncey “Skip” Batchelor

Board Member FY20 & FY21

Theresa Mayberry

Treasurer FY20

Ann Bannes

Board Member FY20 & FY21

Karl Wilson

Board Member FY20

Treasurer FY21

Julia Allen

Board Member FY21

Staff

Staff members manage the day-to-day operations of Senior Fund and work with board members, consultants, and community partners to carry out the mission of Senior Fund and advocate for and with older adults in the City of St. Louis.

Jamie Opsal, Executive Director

Stephanie Herbers, Program Manager

ACKNOWLEDGEMENTS

Senior Fund would like thank and recognize the dedicated work of our grant-funded partners, and the contributions of St. Louis City taxpayers, to help St. Louis City older adults have access to resources that support their needs and interests as they age in their home and community.



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