



Resources for St. Louis City Older Adults

Twenty-eight organizations receive multi-year funding from St. Louis City Senior Fund to support services that fall under priority focus areas identified by the Senior Fund's Board of Directors: Housing, Economic Security, Homemaker Chore Services, Oral Health, and Social Isolation & Loneliness. Senior Fund's revenue comes from a portion of St. Louis City property taxes; this revenue is distributed as grants to nonprofits and government entities who provide services. Services supported by Senior Fund are free—or offered on a sliding scale—for St. Louis City residents 60 years or older. Many organizations listed have additional resources for older adults—*some may have waiting lists for their services*—contact them for more information.

ATSU Missouri School of Dentistry and Oral Health

- Comprehensive Dental Treatment

Phone: (314) 833-2700

Web: stdentalcenter.org

Service Area: City Wide

Cardinal Ritter Senior Services

- Emergency Assistance with Housing-Related Expenses
- Case Management Support

Phone: (314) 918-2258

Web: cardinalritterseniorservices.org

Service Area: City Wide

Center for Hearing and Speech

- Hearing Screening
- Hearing Aid Assistance

Phone: (314) 968-4710

Web: chsstl.org

Service Area: City Wide

College Hill Foundation

- Moderate to Major Home Repairs or Modifications

Phone: (618) 531-4578

Web: collegehillfoundation.org

Service Area: College Hill neighborhood

Criminal Justice Ministry

- Reentry Housing Program for Formerly Incarcerated Older Adults

Phone: (314) 652-8062

Web: cjmstlouis.org

Service Area: City Wide

Deaconess Nurse Ministry

- Assistance with Applying for Benefits and Other Resources
- Emergency Financial Assistance

Phone: (314) 395-4655

Web: faithnurses.org

Service Area: Based at food pantries throughout the City

Employment Connection

- Yard Work and Other Exterior Maintenance

Phone: (314) 333-5627

Web: employmentstl.org

Service Area: Columbus/Carr Square, Hamilton Heights, Jeff Vander Lou, Old North, St. Louis Place, The Ville, and Wells-Goodfellow neighborhoods

EnergyCare

- Home Weatherization
- Heating and Cooling Supplies
- Utility Assistance

Phone: (314) 773-5900

Web: energycare.org

Service Area: City Wide

Five Star Senior Center

- Exterior Home Maintenance and Minor Repairs

Phone: (314) 664-1008

Web: 5starcc.org

Service Area: 63103, 63104, 63110, 63111, 63116, 63118

Food Outreach

- Prepared Meals and Pantry Items for Adults with Cancer, HIV/AIDS, and Type 2 Diabetes
- Nutrition Coaching and Education

Phone: (314) 652-3663

Web: foodoutreach.org

Service Area: City Wide

Guardian Angel Settlement Association

- Benefits and Housing Assistance
- Case Management Support

Phone: (314) 773-9027

Web: gasastl.org

Service Area: City Wide

HOPE

- Assistance with Moving to Senior Apartment Communities – Includes Application and Financial Assistance

Phone: (314) 776-0155

Web: hopeforseniorsstl.org

Service Area: City Wide

Independence Center

- Support for Older Adults Living with Serious Mental Illness

Phone: (314) 533-4245

Web: independencecenter.org

Service Area: City Wide

Jewish Family Services

- In-Home Chore and Personal Care Services

Phone: (314) 812-9300

Web: jfcs-stl.org

Service Area: City Wide

Legal Services of Eastern Missouri

- Civil Legal Help
- Legal Community Education/Outreach

Phone: (800) 444-0514

Web: lsem.org

Service Area: City Wide

LifeWise STL

- Senior Resilience Education Classes & Savings Match Program
- One-on-one Financial Coaching
- Senior Companion Program w/ Senior Corps Volunteers

Phone: (314) 627-1242

Web: lifewisestl.org

Service Area: City Wide

Memory Care Home Solutions

- Training for Caregivers and Individuals with Dementia
- Care Navigation

Phone: (314) 645-6247

Web: memorycarehs.org

Service Area: City Wide

Midtown Community Services

- Group-based Social Programs

Phone: (314) 534-1180

Web: midtownstl.org

Service Area: Based in Forest Park Southeast neighborhood, Open to residents throughout the City

Mission St. Louis

- Minor to Moderate Home Maintenance, Repairs, or Modifications

Phone: (314) 771-5000

Web: missionstl.org/mhrp

Service Area: City Wide

Monarch Immigrant Services

- Group-based Social Programs & Support for Foreign-Born Older Adults

Phone: (314) 645-7800

Web: bilingualstl.org

Service Area: City Wide

North Newstead Association

- Minor Home Maintenance and Repairs

Phone: (314) 385-4343

Web: northnewstead.org

Service Area: Baden, Carr Square, Fairground, Fountain Park, Gate District, Greater Ville, Hamilton Heights, JeffVanderLou, Kingsway East, Kingsway West, Lewis Place, Mark Twain/I-70 Industrial Park, North Pointe, O'Fallon, Old North, Penrose, St. Louis Place, The Ville, Vandeventer, Walnut Park West, and Wells-Goodfellow neighborhoods



Northside Youth and Senior Service Center

- Case Management Support

Phone: (314) 531-1937

Web: nsysscc.org

Service Area: 63103, 63106, 63107, 63113, 63115

Paraquad

- Home Modifications to Improve Accessibility

Web: paraquad.org/independent-living-services/home-modifications

Service Area: City Wide

Rebuilding Together – St. Louis

- Moderate to Major Home Maintenance, Repairs, or Modifications

Phone: (314) 918-9918

Web: rebuildingtogether-stl.org

Service Area: City Wide

St. Andrew's Senior Solutions

- In-Home Chore and Personal Care Services

Phone: (314) 726-5766

Web: standrewsseniorsolutions.com

Service Area: City Wide

St. Francis Community Services

- Individual Support and Group Social Programs for Vietnamese Elders

Phone: (314) 773-6100

Web: sfcstl.org

Service Area: City Wide

St. Louis Housing Authority

- Group-based Programs (Circle of Friends)

Phone: (314) 535-3616

Web: slha.org

Service Area: Several apartment community sites

St. Louis Village

- Group-based Social Programs and Individual Support

Phone: (314) 240-5020

Web: stlvillage.org

Service Area: Within the border of Page (N), Vandeventer (E), Clayton (S), and Big Bend/Pennsylvania (W); also supports specific programming at Delmar Divine in West End neighborhood and other areas outside their boundaries.

*For help connecting to other services, such as home delivered meals, transportation, property tax credit and other tax assistance, contact **St. Louis Area Agency on Aging** at 314.612.5918.*

*For help connecting to crisis support, telephone counseling, and other mental health resources, contact **Behavioral Health Response** at 314.469.6644 or 988.*

*For help to connect to an expert in long-term care, contact **VOYCE** at 314.919.2403.*

*For more information about **St. Louis City Senior Fund**, visit our website at stlseniorfund.org or call us at 314.535.6964, Ext 24.*