



Board of Directors

Meeting Minutes

Thursday, August 27, 2026, 10 am

Meeting Attendance

<u>Board of Directors</u>	<u>Jul</u>	<u>Aug</u>	<u>Sep</u>	<u>Oct</u>	<u>Nov</u>	<u>Jan</u>	<u>Feb</u>	<u>Apr</u>	<u>May</u>	<u>Jun</u>
Bill Siedhoff	X	X								
Cynthia Crim	X	X								
Karl Wilson	X	X								
Sr. Mary Ann Nestel	X	X								
Ann Bannes	X									
Mary Wheeler	X									
Skip Batchelor	X	X								

"X" denotes attendance at meeting

Other Attendees at Meeting: Nicole Brueggeman (Senior Fund), Stephanie Herbers (Senior Fund), Katie Ratkowski (Senior Fund), Matthew McBride (Lashly Baer), Ryan Barker (Integrated Health Network)

Review and Approval of Minutes (Bill Siedhoff)

Sr. Mary Ann Nestel made a motion to approve the June minutes as presented. Karl Wilson seconded. All were in favor.

Closed Session (Bill Siedhoff)

Cynthia Crim made a motion to go into a closed session pursuant to Section 610.021(1), Section 610.021(3), Section 610.021(13) and Section 610.021(17), RSMo., relating to personnel matters in which personal information regarding an employee will be discussed. Sr. Mary Ann Nestel seconded. The Board of Directors voted as follows:

Karl Wilson – Yes

Bill Siedhoff – Yes

Skip Batchelor – Yes

Mary Ann Nestel – Yes

Cynthia Crim – Yes

Notetaker: Katie Ratkowski

Executive Committee (*Bill Siedhoff*)

Discussed the proposed slate of officers and updated the information on file for each board member. The proposed slate of officers would move Cynthia Crim to the Chair and Bill Siedhoff to the Vice-Chair. Karl Wilson would remain the Treasurer, and Sr. Mary Ann Nestel would remain Secretary. In future years, the Nominations Committee will present the slate of officers.

Sr. Mary Ann Nestel made a motion to approve the slate of officers, Karl Wilson seconded. All were in favor.

Nominations Committee (*Skip Batchelor*)

The committee met for the first time last week, where they reviewed the duties and discussed plans for recruiting an auxiliary board. The committee will also create a matrix of skills and qualities of current board members to look for recruiting opportunities. The Board is limited to seven members, but auxiliary board members could move into a role if there was a vacancy.

Program & Grants Committee (*Ann Bannes*)

Fractional Lead of STL Partnership for Aging Services | Presented fractional lead recommendation and discussed process for selection. Senior Fund received three proposals and reviewed each based upon experience with systems thinking, organizational capacity, group facilitation, and collaborative leadership. Recommend moving forward with Dan Reynolds from Holmes, Radford & Reynolds, Inc. Dan has significant experience in the St. Louis nonprofit landscape. Presented a phased approach that would adjust as common needs and strategies are identified.

Board discussed examples of similar work done in other fields, with an emphasis on including smaller organizations and building their sustainability, rather than just focusing on mergers of large organizations.

Sr. Mary Ann Nestel made a motion to approve contracting Dan Reynolds from Holmes, Radford, & Reynolds, Inc. to serve as the Fractional Lead for the STL Partnership for Aging Services to implement Phase 1 of the framework. Karl Wilson seconded; Board unanimously approved.

Northside Request | Presented request to continue funding NSYSSC development director. Senior Fund provided a grant towards their Capital Campaign Development Director over the past two fiscal years. Northside expected to receive federal funding, but issues with disbursement are now causing a funding gap for the first phase of the project. The Development Director position is also funded by Marillac Mission Fund. In addition to filling the funding gap, Northside also needs to raise around \$4 million dollars for the second phase of the capital campaign.

Board discussed adding tangible outcomes for the Development Director in terms of the grant. Due to the timing sensitivity, Board Members agreed the staff may determine the best outcomes to use after speaking with Northside.

Sr. Mary Ann Nestel made a motion to move forward a \$25,000 grant to Northside Youth and Senior Service Center to support the Development Director position and to authorize staff to determine the outcomes for the contract. Karl Wilson seconded the motion; The motion carried with four approvals and one abstention.

Senior Support Team/Disaster Case Management Update | FEMA funds were awarded to support disaster case managers through June 2027. Staff do not anticipate an additional request for case management funding, but there may be a need for additional funding if there is a difference between the budget submitted to FEMA in 2025 and the actual expenses in 2026.

The contract with Housing Options Provided for the Elderly has about \$40,000 that will go unspent. It has not been paid to the organization. LifeWise STL may be able to use some of the unspent funds for remaining home repairs that have been started. Stephanie will be wrapping up the FY26 reports for external funders before she leaves.

Presentation: H.R. 1 – Medicaid Benefit Changes *(Ryan Barker)*

Ryan Barker, Chief Program & Policy Officer at Integrated Health Network presented upcoming changes for Medicaid and SNAP, as well as some of the outreach being planned to assist older adults. Missouri Foundation for Health is creating core messaging guide, as well as basic information for providers and patients. IHN is convening medical providers and trying to raise funds for paid media to spread MFH's messaging.

Integrated Health Network Proposal | Discussed IHN proposal to work as a larger-scale convener of aging services providers and funders to collaborate on serving older adults at risk of losing Medicaid and SNAP. IHN also submitted proposal for a senior-specific benefits navigator. Nicole will be discussing with other funders to gauge interest in pooling funding for the work.

Updates *(Nicole Brueggeman)*

Congressional Funding for Senior Centers | Nicole is meeting with Bridget Flood next week to discuss the funding delays for Northside Youth and Senior Services Center and Southside Wellness Center. Bridget is very interested in working with City leaders to help however possible to get the funding drawn down from the federal level.

2027 Preview of MO Legislature | Policy experts are anticipating large cuts in the state budget. State departments were asked to cut between 20-30% of budgets as an exercise. There is

also a chance that there will be additional efforts to cut property taxes since Amendment 5 failed at the ballots. Staff are attending a training next week with the Missouri Special Districts Association to learn more about trending legal issues.

Motion to Adjourn

A motion was made to adjourn by Sr. Mary Ann Nestel, which was seconded by Cynthia Crim. All were in favor. The meeting was then adjourned at 11:59 AM.

*Next full Board of Directors meeting is currently scheduled for **September 22, 2026, at 10am.***